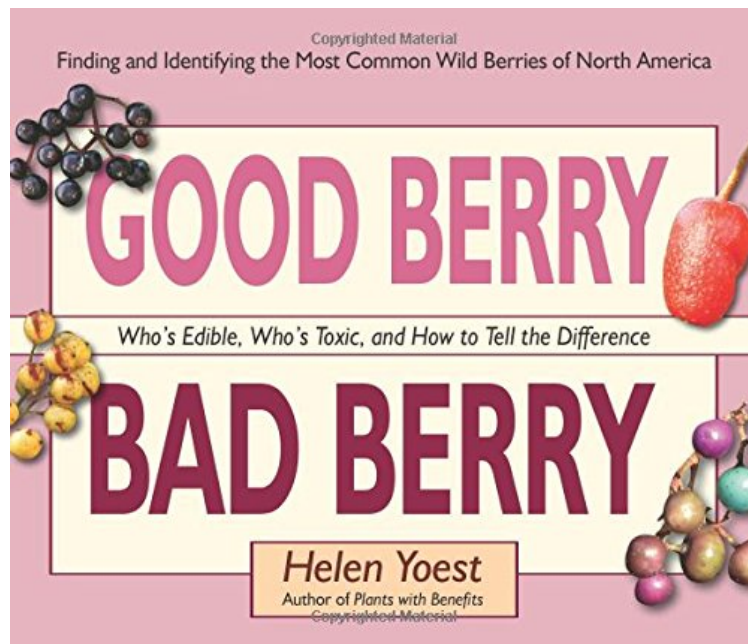


(Download free pdf) Good Berry Bad Berry: Who's Edible, Who's Toxic, and How to Tell the Difference (Good...Bad)

Good Berry Bad Berry: Who's Edible, Who's Toxic, and How to Tell the Difference (Good...Bad)

Helen Yoest

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#1187201 in Books 2016-02-01Original language:EnglishPDF # 1 6.10 x .70 x 7.00l, .0 #File Name: 1943366012112 pages | File size: 39.Mb

Helen Yoest : Good Berry Bad Berry: Who's Edible, Who's Toxic, and How to Tell the Difference (Good...Bad) before purchasing it in order to gage whether or not it would be worth my time, and all praised Good Berry Bad Berry: Who's Edible, Who's Toxic, and How to Tell the Difference (Good...Bad):

5 of 6 people found the following review helpful. Happy Hunting!By rachel clarkWhat a little gem of a book! With its hidden wire binding, Good Berry Bad Berry is meant to be used again and again. I plan to keep it in my glove compartment so that it's always with me when I need it. Clear photos and descriptions of 40 different berries that grow in the wild, often by the side of the road, will let me distinguish the edible berries from the ones I want to avoid. Can't wait for my next trek with my granddaughter to see if we can find some berries to sample! And I know now that I want to plant mulberry, goji berry, and beautyberry in my own garden. This book is the perfect gift for hikers, teachers, gardeners, and parents of curious kids (or kids whose curiosity needs a nudge.) When you get your own copy, go to the list of Good Berries/ Midwest and cross off the Castor Bean, Ricinus communis, with a black marker. This dangerous plant is also on the Bad Berry lists where it belongs, and I don't want any of my Midwestern family or friends to be led astray by a printing mistake. Helen Yoest's new book is one to be savored. I can't wait to try the recipe for Goji Berry and Pumpkin Seed Biscotti!4 of 5 people found the following review helpful. bad berries (toxic and deadly)By Karin HicksThis is a MUST HAVE book for gardeners, foragers, nature lovers, parents, boy scouts and hikers. Forty fruit bearing plants, which have a wide distribution and are most likely to be found in the wild or gardens are covered. Comprehensive profiles are presented in an straight-forward format in three different categories: bad berries (toxic and deadly), good berry/bad idea (not toxic but not palatable) and good berries (edible). I found it extremely helpful that

the information included how to identify the plant, what parts of the plant are toxic, when the berry is in season as well as it's native range, hardiness zone, where it's most likely to be found and whether or not it is invasive. I loved that the book included extra information such as the toxicity to pets and what to do if your child or pet ingests a toxic part of the plant. Bonus, if you find berries on a hike, grow them in your garden or go out foraging for them, there are several recipes included at the back of the book. This fabulous book is a handy size to throw in your back pack for easy reference. 0 of 0 people found the following review helpful. Five Stars By Melville H. Kennedy Great Reference!!

Berries grow in all parts of North America and come in a wide variety of colors, sizes and shapes. But how do you know which ones are safe to eat and which could make you sick, or worse? Good Berry Bad Berry is the authoritative one-stop guide to identifying and safely enjoying these healthy "superfruits" -- with clear descriptions and full color photographs of 40 of the most widely available berries in North America (including a separate listing of berries found only in certain regions). Packaged with heavy matte-laminated pages and concealed-wire binding for handy, water-resistant use outside.

There's lots more information in the book, covering 40 common wild berries in North America. The layout of the book makes it really easy to find the information you want. I think I'm well on my way to fulfilling my childhood goal of becoming a berry-ologist! (Melissa Will Empress of Dirt) Good Berry Bad Berry by Helen Yoest is a berry fine little spiral-bound guide to slip into a backpack while out in the field or take to a nursery when deciding what berries to plant on your property. (Jill Sell The Cleveland Plain Dealer) From Joe Lamp'l, host of HGTV's "Growing a Greener World": "What a great resource! While I've often wondered which berries are good, bad or neutral, now I know and so glad I do. Even better, Helen offers so much additional and interesting information for each of the 40 berries (who knew?) that we encounter in our gardens, landscapes and natural areas around the country. I'm thrilled to have this book as my one and only go-to guide on the topic." From Stephanie Peterson, Associate Editor, Garden Gate magazine: "Helen has a real passion for plants and all the amazing ways they impact our lives. Her enthusiasm is contagious! She will introduce you to berries you didn't even know existed, and then the next thing you know, you're on your way to the garden center looking for them for your own garden." About the Author Helen Yoest writes for Better Homes and Gardens, Country Gardens, Martha Stewart Living, Christian Science Monitor, Fine Gardening and Southern Living. She is the author of "Plants with Benefits: an Uninhibited Guide to the Aphrodisiac Herbs, Fruits, Flowers Veggies in Your Garden." Southern Living magazine named her blog, Gardening with Confidence, one of the top blogs to follow in 2015. Helen lives in Raleigh, NC, where she tends to her garden, a Certified Wildlife Habitat, Bird Habitat and Monarch Watch Station.