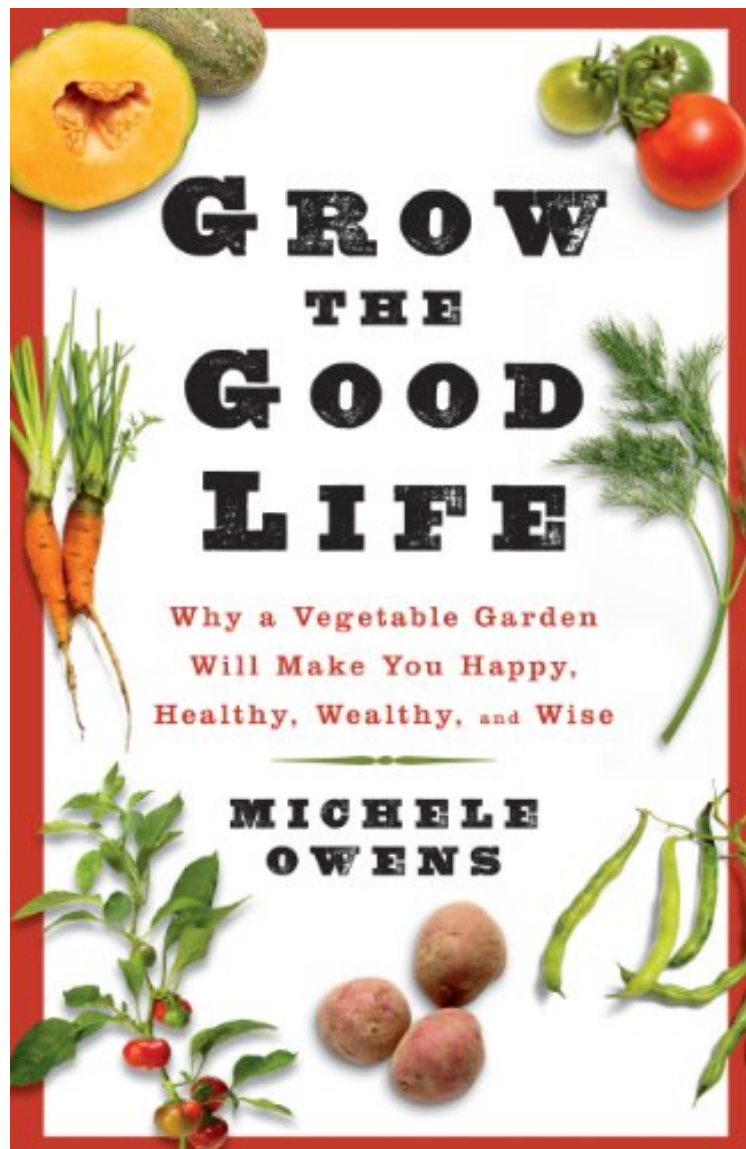


(Library ebook) Grow the Good Life: Why a Vegetable Garden Will Make You Happy, Healthy, Wealthy, and Wise

Grow the Good Life: Why a Vegetable Garden Will Make You Happy, Healthy, Wealthy, and Wise

Michele Owens

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Michele Owens : Grow the Good Life: Why a Vegetable Garden Will Make You Happy, Healthy, Wealthy, and Wise before purchasing it in order to gage whether or not it would be worth my time, and all praised Grow the Good Life: Why a Vegetable Garden Will Make You Happy, Healthy, Wealthy, and Wise:

4 of 4 people found the following review helpful. Gem of a book By Roy Arenella (From Martine Arenella) I thoroughly enjoyed this little gem of a book. It reads easily and fast, and although it is obvious that it was well researched, the author is careful to be light-handed with scientific and historical information which is smartly sprinkled throughout the book. It is mostly a very practical and anecdotal book. I have marked some pages, and made a list of useful information on the back page for later use. I share many of Michele Owens's ideas: soil is not dirty, don't be afraid of it; pick a bean or a carrot and eat it right there without washing it; garden on the front lawn (I tried to convince my husband in the past, but I haven't been successful yet); gardens are most beautiful in the Fall...etc...but what struck me most was the warmth with which Michele talks about her friends (some of whom are mine as well since I also live in Washington County). It was touching to read the enthusiasm that Michele uses for friends and for gardens alike. And somehow, that makes perfect sense to me. Doesn't friendship need cultivating, constant care, and regular dinner invitations (we feed our friends as we feed our plants). I loved hearing Michele's voice throughout the book. It is genuine and authentic. And her enthusiasm is catching. One can't ask too much more than that from a book. I can't wait for Spring to reach for my shovel and start digging.

0 of 0 people found the following review helpful. The Soulful Shovel By Bruce R. Otto Michele Owens will put redemptive dirt-filled wrinkles in your backyard soul. Her writing is nurturing philosophy and spirit that makes you wish to start immediately getting down and dirty with such partners as compost, worms, water, sunlight and veggie/flower dreams. Gardens of Eden need workers and visionaries. Ms. Owens will equip you with all the motivation and practicality you require to get out and cultivate that spot in your corner of Paradise. What are you waiting for?! Get reading, get dirty, nurture your garden soul.

1 of 1 people found the following review helpful. Inspirational By B. Burns Part how-to guide, part memoir, and part philosophy, this book imparts an excellent combination of practical information, entertaining anecdotes, and inspirational motivation. I finished reading it a few weeks ago and I keep staring longingly out my kitchen window just waiting for the day when I can start planting my vegetables. Other reviewers have commented that the author tries to push a political agenda with this book. I disagree. The only agenda in this book is to get people to grow food in their backyards. It encourages a respect for nature and a return to a slower, simpler life in this crazy high-tech, super fast-paced world we live in. There's nothing partisan about it. That said, the book does have some science in it - so if you don't believe in evolution or you think global warming is a conspiracy, this one's not for you.

A lively, passionate argument for the backyard vegetable garden, drawing on science, history, and stories from the authors garden.

Not only does Owens make an utterly convincing case in terms of health for getting out your shovel and creating a vegetable garden, her enthusiasm for the sheer fun of the endeavor is bound to win you over. Ruth Kassinger, author of Paradise Under Glass