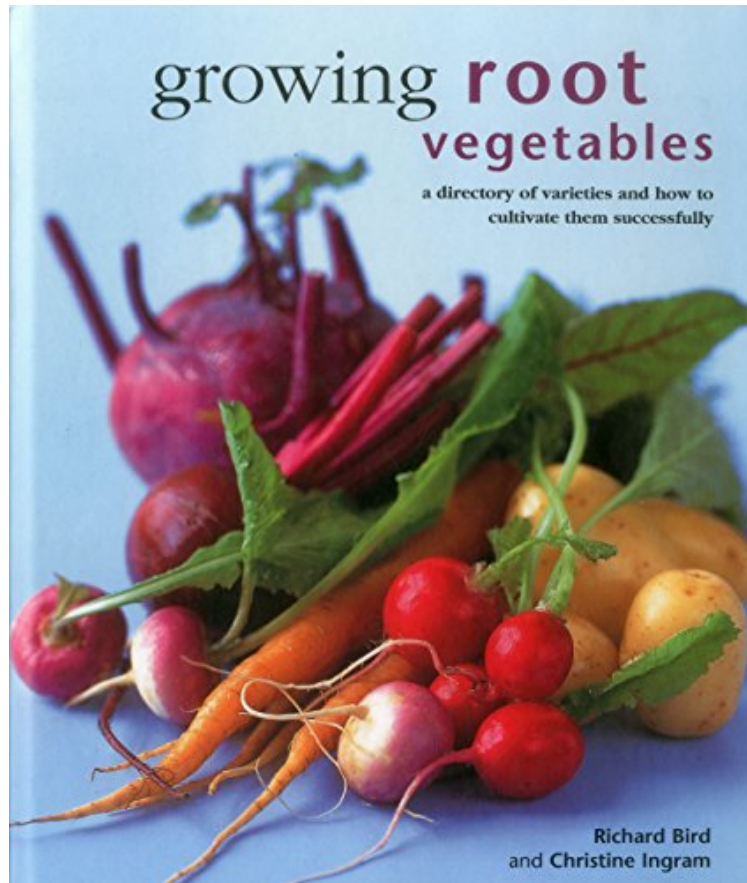


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## Growing Root Vegetables: A Directory of Varieties and How to Cultivate Them Successfully

*Richard Bird, Christine Ingram*  
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**Richard Bird, Christine Ingram : Growing Root Vegetables: A Directory of Varieties and How to Cultivate Them Successfully** before purchasing it in order to gage whether or not it would be worth my time, and all praised Growing Root Vegetables: A Directory of Varieties and How to Cultivate Them Successfully:

As the name suggests, root vegetables are vegetables whose roots form the edible parts. These vegetables are highly nutritious and they are particularly tasty if they are home-grown and eaten soon after harvesting. In this book, the main types of root vegetables are described, with useful information about the different varieties that can be grown, their history, cultivation requirements and cooking uses. There is key advice on preparing the soil for new crops, growing root vegetables from seed, and making compost. A must for the novice grower, the book also provides information for

the experienced gardener who wants to experiment with new varieties.

About the Author Richard Bird is a full-time author on gardens and plants, and has written nearly 30 books on kitchen gardening, fruit trees, vegetable gardens, topiary and pruning. Christine Ingram worked as a cooking editor on Woman magazine, then became a freelance writer, contributing to various magazines and books.