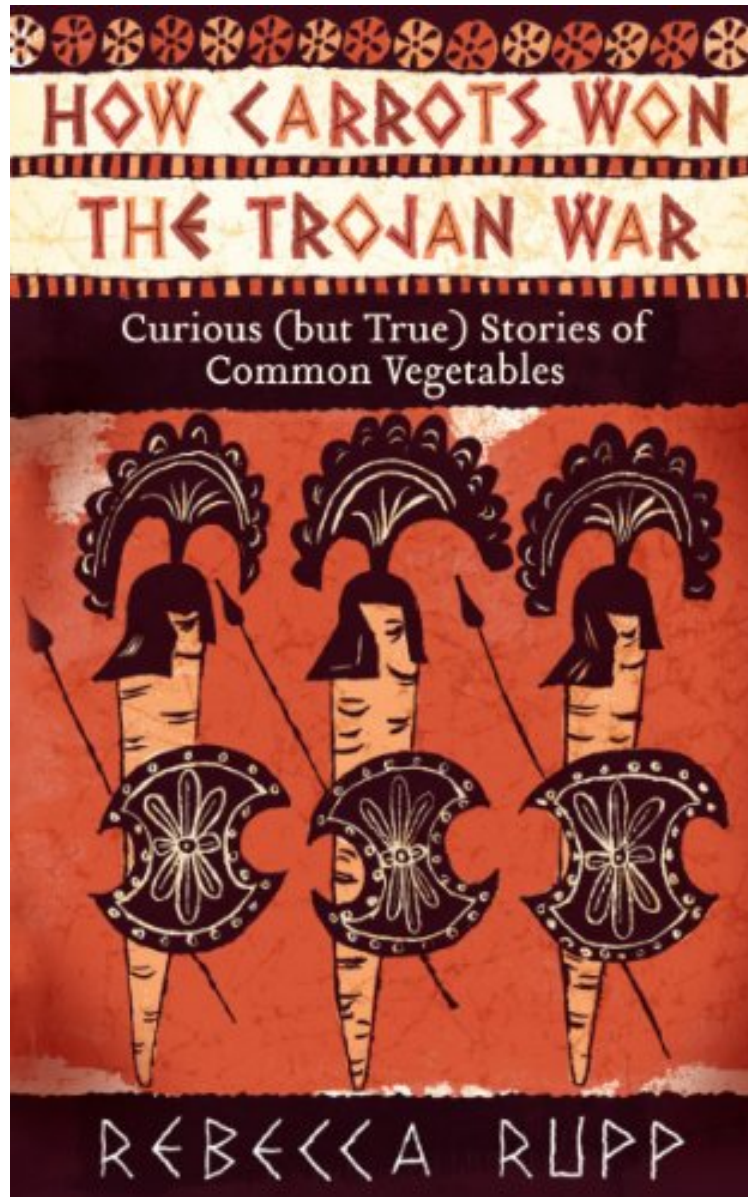


[Free and download] How Carrots Won the Trojan War: Curious (but True) Stories of Common Vegetables

How Carrots Won the Trojan War: Curious (but True) Stories of Common Vegetables

Rebecca Rupp

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Rebecca Rupp : How Carrots Won the Trojan War: Curious (but True) Stories of Common Vegetables before purchasing it in order to gage whether or not it would be worth my time, and all praised How Carrots Won the Trojan War: Curious (but True) Stories of Common Vegetables:

13 of 13 people found the following review helpful. Vegetables: Sometimes despised, sometimes loved, sometimes heroes, sometimes feared
By derrick
What an interesting collection of stories about vegetables. I loved the many discoveries I made in this book. Do you know why Boston is called "Bean Town?" This book will tell you. Do you know how a common misconception about carrots helped the British survive the Battle of Britain? This book will tell you. Do you know why peppers and onions make those spicy flavors that sting your eyes and tongue? This book will tell you. Do you know why people were afraid to eat tomatoes for years? This book will tell you. It is a treasure trove of hundreds of delightful stories about foods we eat all the time. And there is also a good deal of science in here as well as the origins and properties of the different vegetables are discussed. All in all, this book accomplished exactly what it said it would. Good read.
5 of 5 people found the following review helpful. An author who can make vegetables interesting!
By Customer
I thought this was a quick and enjoyable read about the history of our most common vegetables. I bought the Kindle version and read it on a trip. Each story is short so it's easy to read a bit at a time. You wouldn't think that would be interesting but Rebecca Rupp has done a great job with balancing the facts and the stories. As a serious cook I liked knowing more about my ingredients. A good book for the foodie in you, and perhaps it will help you to eat your vegetables. Maybe it will even make vegetables more interesting to the kids!
0 of 0 people found the following review helpful. Good Fun. Lots Of Great Information
By Rajiv Chopra
I am giving this book a four star rating because it is so much fun to read. There is lots of interesting facts about vegetables that are presented. Along with these facts, the stories make for a really fun read. I read the book from cover to cover in almost one sitting. The facts are presented in one joyful rush that makes it fun to read. Now, i could argue that the book and the facts, could be laid out in neat little sections, and this would be the proper and organized thing to do. However, to do so would have taken the joy out of the reading. The words come out in almost a rush, like a torrent, and you are carried along with the flow. For a subject as prosaic as vegetables, this way of presenting them brings them to life, and makes the book wonderful. And, a pleasure to read. Great piece of writing!

Discover why Roman gladiators were massaged with onion juice before battle, how celery contributed to Casanovas conquests, how peas almost poisoned General Washington, and why some seventeenth-century turnips were considered degenerate. Rebecca Rupp tells the strange and fascinating history of 23 of the worlds most popular vegetables. Gardeners, foodies, history buffs, and anyone who wants to know the secret stories concealed in a salad are sure to enjoy this delightful and informative collection.

Rebecca Rupp has done us the favor of serving up a savory history of something many of us dont think much about vegetables. . . . How Carrots Won the Trojan War assembles a palatable cornucopia of these stories, both satisfying and delicious.