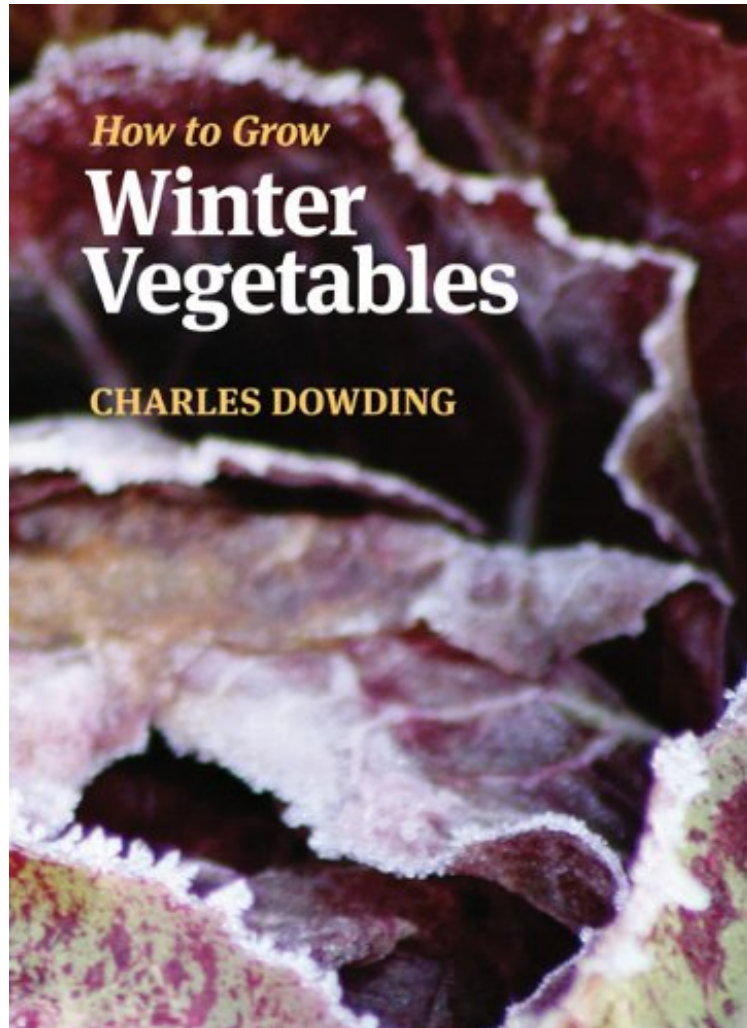


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## How to Grow Winter Vegetables

*Charles Dowding*

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**Charles Dowding : How to Grow Winter Vegetables** before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Grow Winter Vegetables:

0 of 0 people found the following review helpful. Five Stars By Peggy I love the way this man thinks, and his advice is top notch. 5 of 6 people found the following review helpful. Great book! By C Greve I'm very pleased with this book. It has beautiful color photos to help identify the plants. Im looking forward to trying some of the great ideas in it. I would recommend this book. 15 of 15 people found the following review helpful. A Hidden Gem By Mom's in the Garden While I have quite a collection of books about winter vegetable gardening, I turn to this book a lot for advice on timing. This is the best organized manual I have seen on how to grow crops for eating in the winter. The author gives specific, practical advice for what to do each month for each vegetable: preparing, planting (including spacing

for best results, giving you a range), care, and special concerns. He also has helpful charts for at-a-glance help. He's been a market gardener for many years and it shows. I'm surprised this book isn't more popular. My guess is that it is because the author lives in the UK and the book hasn't been promoted in the US. I've found the author's timing and culture recommendations work very well for my mid-Atlantic garden as long as I keep in mind that his winters are a bit milder than mine, and his climate is usually more rainy and cooler in the summer. If you live in the South, you will need to grow short-day onions (he grows long-day onions), and the timing will be different.

It is possible, with the help of this book, to enjoy an abundance of vegetables at the darkest time of year, whether stored or ready for harvesting when needed. It also covers growing for the hungry gap from April to early June. Not much grows in winter, but a well-organized plot may nonetheless be quite full. This book helps gardeners plan carefully, and well ahead, sowing and planting at specific times through the year. The main part of the book is an extensive month-by-month sowing, planting, and growing calendar. Further sections cover harvesting from garlic in July right through to the last of the overwintered greens in May and storing your produce. Many salads can be grown in winters, especially with a little protection from fleece, cloches, or larger structures. The book includes a whole section on frost-hardy salad plants, explaining how to ensure harvests of fresh leaves throughout winter. The beauty of winter and its produce is captured in glorious photographs from the author's garden.

An invaluable book, intelligent of course, and inspiring too. Anna Pavord, gardening correspondent, the Independent