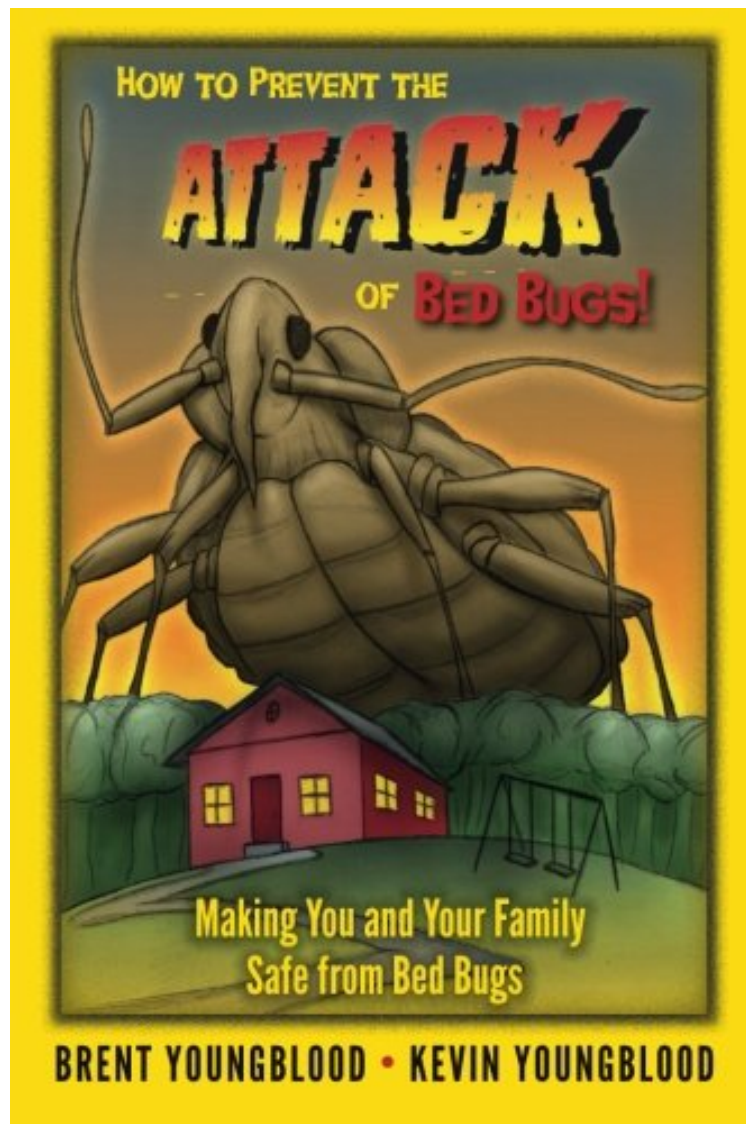


[Library ebook] How to Prevent the Attack of Bed Bugs!: Making You and Your Family Safe from Bed Bugs

How to Prevent the Attack of Bed Bugs!: Making You and Your Family Safe from Bed Bugs

Brent Youngblood, Kevin Youngblood

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Brent Youngblood, Kevin Youngblood : How to Prevent the Attack of Bed Bugs!: Making You and Your Family Safe from Bed Bugs before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Prevent the Attack of Bed Bugs!: Making You and Your Family Safe from Bed Bugs:

0 of 0 people found the following review helpful. The is a good book for travelers and gives some good ways on how to inspect and get rid of bed bugs

By Walter Thomas This is a good book written by people that work with bed bug sniffing dogs. They have 6 years experience in this field and have done over 7000 inspections and been to 6 bed bug seminars. When the bed bug is within twelve feet of you, it senses your breathing vibrations. The bug thinks, "I sense a meal source, so I am going to make my way in that direction. Once the bug is within about three feet of you, it senses your carbon dioxide and body heat. One female can lay 300 eggs in her lifetime. This book has a section for travelers. Take a flashlight for inspecting the bed. Never put luggage on the bed. Always store luggage in bathroom. When first entering room put your luggage in the bathroom or shower. Pull back linens of bed and check the mattress and headboard and look for bed bug fecal matter, which looks like black pepper. This process requires pulling the bed from the wall and takes about 5 minutes. When you return home put your luggage in a garbage bag. Empty out contents laundry immediately all clothes and other items. Spray your luggage with rubbing alcohol to kill bed bugs. Put laptops purses, backpack in storage containers they must have a smooth wall so the bed bugs cannot climb out. How to inspect for bed bugs. Use a bright flashlight concentrate your inspection in bedroom and living areas where people rest or sleep. Look for bed bug hiding in cracks, crevices, folds of fabric, wood, paper items. Examine mattress seams, welting, and box springs. Dismantle and inspect bed frames, headboards, and foot board. Examine top and sides and bottom of furniture. Examine electrical switch plates, thermostats and smoke detectors. Look behind any art hanging on walls. Examine baseboards moldings, and loose wallpaper. Unfasten carpeting for inspection at the baseboard, and examine the length of the carpets tack strip. How to make your bed bedbug-proof. Even if you do nothing else described in this fabulous fountain of information [drum roll please], never put anything on your bed but yourself and your friends. To reiterate, this means no luggage, no backpacks, no computers, and no purses. Basically, beds are for humans only. The idea is to create a bug-free sleep space by isolating the bed. We call this "bed insulation". Remember, these bugs are crawlers, not jumpers or fliers.

1. The bed must be on a bed frame, preferably one with legs. If the box spring and the mattress is on the floor, any crawling bug can join you on the bed.
2. make sure bed pillows, linens do not touch the floor. Make sure bed is at least 6 inches from the wall. Make sure no electrical cords extend from wall to bed.
3. put bed bug encasement on box springs, mattresses, and pillows.
4. Install climb-up interceptors under each leg of the bed frame.
5. Make sure the bed frame is decontaminated. You can apply rubbing alcohol to the frame, or you can steam the bed frame. For security to prevent opening, we recommend placing duct tape over the zipper enclosure of the bed bug encasement on both mattress and box spring. Make sure the encasement have some kind of documentation that says they are bed bug-proof, certified or approved. Get the best quality you can afford. Make sure the encasement has a zipper. We recommend using duct tape over the zipper for added insurance. Get encasement for both box spring and mattress and pillow.

Portable heating Chambers Another useful product is a portable heating chamber. There are many options to choose from, and they range in size and price. Two good brands are pactite and Zappbug. Other products to Consider Other products-for population management, not eradication-are steamers [for furniture, cracks, and crevices], food-grade diatomaceous earth [for cracks, crevices, and the like], and rubbing alcohol, which should be applied with a spray bottle [for luggage and non-dryer items]. You should not use over-the-counter sprays, foggers, or bombs. These products may kill some bed bugs, but generally they only irritate the bugs and spread them out for a while. The bugs will come back, and they will be hungry!

Professional treatment Options : The goal of this section is to give you an idea of how each treatment works and the impact it will have on your daily life during the process.

Fumigation : During fumigation the house will be tented and gassed for approximately three days. Fumigation kills all living creatures and eggs. Typically you will be out of the home for three to four days, so you need to find lodging during treatment.

Heat treatment : is a one day, non-toxic treatment. The rooms to be treated are insulated to retain heat. The goal is to get the temperature above 130 f degrees for a period of time because the bugs die at 122 f. This process dehydrates the bugs and their eggs.

Chemical sprays : requires a minimum of two treatments, but generally requires three. The spray treatment are spread out over a couple weeks because the chemicals used affect the nervous system of crawling bugs, not their eggs. Hence the exterminator needs to wait approximately seven to ten days between treatments for eggs to hatch. Once eggs have hatched, the chemicals can kill the crawling bugs. Your exterminator will tell you when to reenter your home, normally four to eight hours.

Do-it-Yourself Methods; Physical removal of infested objects is not guaranteed to get rid of all bed bugs. Do not use over-the-counter sprays, foggers, or bombs. These products may kill some bed bugs, but generally they only irritate the bugs and spread them out for a while. The bugs will come back, and they will be hungry!

Dry heat is your best friend. Anything you can put in the dryer. Dry items on high heat for one hour. Put larger items or items that cannot go in the dryer put in large black plastic bags and put them in storage, away from living areas, for at least five months. Another option for items too large for the dryer is to put them in your vehicle in black plastic bags, roll up the windows, and park the vehicle in the sun for a day. Please be advised that the interior of the vehicle will need to get at least 130 degrees for this to work. Use of a thermometer is advisable.

0 of 0 people found the following review helpful. If you're concerned about bed bugs and how to prevent them, I highly recommend it.

By Troy I live in San Francisco and have heard the nightmare stories about people getting bed bugs--from their neighbors or some trip they took. You even see furniture in the street sometimes with signs that read: "Don't Take! Bed Bugs!" Just the thought of them make me break out in a cold sweat--

gross! There is no way I want to be dealing with that noise. I needed to know what I could do to prevent this from happening to me and went searching. I came across this book and immediately was taken with the cover--it echoed how I felt. I was so happy to receive it and find the content was just as useful. It seemed to cover all the bases, clearly and concisely, and actually made me feel a lot safer. If you're concerned about bed bugs and how to prevent them, I highly recommend it. 0 of 0 people found the following review helpful. Their book is straight to the point with easy to understand instructions on how to deal with this ...By The Traveler This book is essential guidance material for homeowners, apartment owners, renters, business owners and business travelers. Brent and Kevin have put together clear, concise, layman type guidance on how to protect, detect and prevent bed bugs from entering into your life and bedroom. Their book is straight to the point with easy to understand instructions on how to deal with this unwanted pest. Their desire to help and expertise make me feel confident that their book will help me. I am using their techniques every week as I travel from hotel to hotel.

We thought they were a thing of the past, but bed bugs are back and with a vengeance. Rates of bed bug infestations have skyrocketed in the last few decades. And because the little bloodsuckers have been off the radar for so long, most people have forgotten how to deal with the pests. Kevin and Brent Youngblood, founders of San Francisco's bed bug detection service Scent Tek, have plenty of experience with bed bugs. In *How to Prevent the Attack of Bed Bugs!*, these bug-busting brothers reveal how to keep your house bed bug free. Starting with a discussion on bed bugs and their nasty habits, the Youngbloods offer practical, effective tips for protecting your home, including a helpful list of products designed to guard against infestations. You'll also learn how to avoid bed bugs while traveling and how to prevent unwanted bed bugs from hitching a ride back to your home. A comprehensive battle plan for preventing and controlling bed bugs, the Youngbloods' advice will help you keep these icky invaders away from you and your loved ones. Because when you sleep tight, you really don't want the bed bugs to bite.

About the Author Brent Youngblood founded Scent Tek with his brother Kevin. Prior to Scent Tek, Youngblood provided financial consulting services to many Silicon Valley start-ups. He lives in Millbrae with his wife Erin, two daughters, and four dogs. Brent enjoys fly-fishing, backpacking, golf, and landscaping. Kevin Youngblood grew up in the San Francisco Bay Area and has lived there all his life. Prior to founding Scent Tek, he was a general manager, business owner, and services consultant. He first encountered bedbugs while working in the pest control industry. More information on Scent Tek can be found at <http://www.scent-tek.com/>.