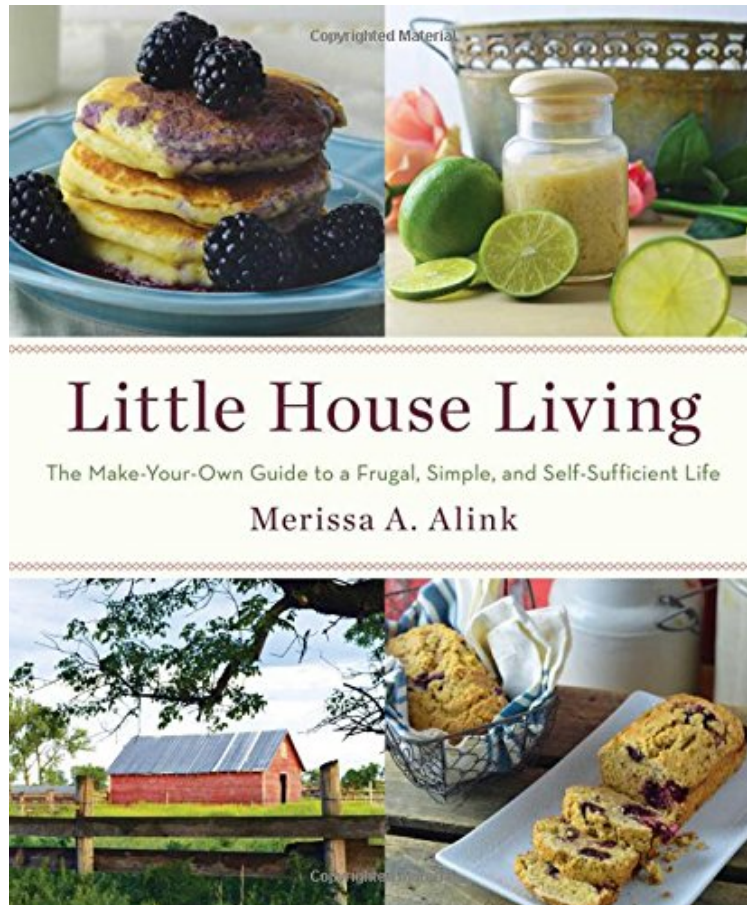


[Download ebook] Little House Living: The Make-Your-Own Guide to a Frugal, Simple, and Self-Sufficient Life

Little House Living: The Make-Your-Own Guide to a Frugal, Simple, and Self-Sufficient Life

Merissa A. Alink

audiobook / *ebooks / Download PDF / ePub / DOC



[Download](#)

[Read Online](#)

#92545 in Books Ingramcontent 2015-10-20 2015-10-20Original language:EnglishPDF # 1 9.13 x 1.10 x 7.37l, .0 #File Name: 1501104268320 pagesLittle House Living The Make Your Own Guide to a Frugal Simple and Self Sufficient Life | File size: 48.Mb

Merissa A. Alink : Little House Living: The Make-Your-Own Guide to a Frugal, Simple, and Self-Sufficient Life before purchasing it in order to gage whether or not it would be worth my time, and all praised Little House Living: The Make-Your-Own Guide to a Frugal, Simple, and Self-Sufficient Life:

35 of 36 people found the following review helpful. What a Fun Book! I'm Loving these easy Do it Yourself recipes!By julie whiteleyLittle House Living: The Make Your Own Guide to a Frugal, Simple, Self-Sufficient Life by Merissa Alink is a 2015 Gallery Books publication. I was provided a copy of this book as an XOXpert, the official street team of XOXO After Dark.I admit I grew up in the era of quick and convenient. I bought pre- mixed cake mixes and scoffed at the idea of making anything from scratch. Instead of home remedies, I bought over the counter pain relievers and cold medicines, and never would have considered making my own soap, dish detergent, or other

household products. But, my daughter would tell me about making her own facial scrubs and using peppermint essential oils for various maladies, but I still never imagined myself doing any of these things myself. First of all, you have to buy all the ingredients, and when I did the math, and figured in the amount of time it would take, I figured I was just as well off buying it from the store until I got this book. First of all, it should be noted that this is not just a recipe book for cooking or food. This book has a little bit of everything in it. Body and Beauty 'do it yourself' recipes such as: Bath Salts Lip Balm Hand Soap Chest Rub Household items such as: Dish Soap Floor Cleaner Dusting Spray and furniture polish Window Cleaner Ideas for Children and Pets Diaper Rash Cream Play Doh Pet treat mix Pet Flea Wash And of course food- Make ahead mixes: cake mix Hamburger help mix Onion soup Hot chocolate Bread These are just a few examples of the items listed that you can make yourself at home. Are you on a busy schedule and don't think you would have time to make your own products? This book is packed with very easy recipes for those on a busy schedule, such as deodorizer disc made out of everyday baking soda and water with a drop or two of essential oils, placed in a muffin tin and left to dry for a day or two. The disc can be placed discretely in odor prone areas of your home. It took me all of five minutes to do this, and the essential oil is not necessary. Baking soda is a natural odor absorber. The cost? Well, for some of the projects, there would have to be some investment on your part, especially if you want to put the mixtures into cute containers and such. I made the chest rub, but I didn't have a glass jar to put it in, but I did have a very small Tupperware container that worked perfectly. Most of the ingredients can be purchased at for less than buying them at a health food store, and I had no trouble finding the ingredients. A few items were a little pricey, but once I had everything I needed, I saw that I could make double, even triple, the amount of goods, which meant I saved money and time by making the items at home. The Items I Made: I made the chocolate cake mix and the cake turned out great, but it wasn't as moist I am accustomed to. But, the flavor was fantastic and there were some variants on the recipe that I may try in the future. Bath Salts: I made bath salts for colds: This is super easy- One half cup Epsom Salts One half cup Sea Salt (I bought bulk, because it was cheaper) 5 drops peppermint essential oil 5 drops eucalyptus essential oil 5 drops lavender essential oil Just mix together! That's it! I also made the chest rub which was simply coconut oil and peppermint and eucalyptus essential oils. Just stir together, and store in a container. It took less than five minutes to make this and it smells like chest rub you buy at the store. I rubbed some on the soles of my feet one day when my allergies were bothering me, and it worked wonders. As I noted earlier, I made the deodorizer disc, too. But, the disc dried out quickly and broke easily. I ended up putting some of the mix into small Dixie Cups instead. I also made the dusting spray which consisted of white vinegar and oil (I used EVOO) and a few drops of lemon essential oil. Overall, this is a fun book and I loved how easy it was to make the products and the ingredients weren't some kind exotic stuff I could never find anywhere. I'm planning on making more of the food recipes and want to make up some of the body butter for Christmas gifts. The only disclaimer I noticed was in regards to the use of essential oils, so be sure to read the directions carefully and do not allow children to use the oils unattended, or at all if they are very young. This is a hardcover book with color pictures and illustrations on glossy paper. The sections are well organized and planned out, with step by step instructions and money saving tips. Overall, I am a happy customer and will be referring to this book often for many household items and beauty aids. 0 of 0 people found the following review helpful. I thoroughly enjoyed this book! By PKI found myself wanting to actually read this book and not just skim through it, which I tend to do. I enjoyed the author's writing style and felt that she gave us an honest and compassionate glimpse into her life. The range of recipes for home and beauty products was thorough.. I also am really excited to make some out the missed for making meal preparation easier and faster! I am so pleased with this book and hope that the author will write another one. Thank you. 0 of 0 people found the following review helpful. awesome By Customer I have only gotten through the first chapter, but I love the author's style. It looks easy to follow I can't wait to try the recipes.

From the immensely popular blogger behind Little House Living comes a motivational homemaking book, inspired by Laura Ingalls Wilders Little House on the Prairie, featuring creative, fun ways to live your life simply and frugally perfect for fans of Ree Drummonds The Pioneer Woman. Shortly after getting married, Merissa Alink and her husband found themselves with nothing in their pantry but a package of spaghetti and some breadcrumbs. Their life had hit rock bottom, and it was only after a touching act of charity that they were able to get on their feet again. Inspired by this gesture of kindness as well as the beloved Little House on the Prairie books, Merissa found that a life of self-sufficiency and simplicity could be charming and blissful. She set out to live an entirely made-from-scratch life, the Little House way, and as a result, she slashed her household budget by nearly halvesaving thousands of dollars a year. She started to write about homesteading, homemaking, and cooking from scratch, and over the next few years developed the recipes and DIY projects that would one day become part of her now beloved website, LittleHouseLiving.com. As whole foods became staples of the family diet, Merissa realized the dangers of putting overly processed ingredients not only into our bodies, but on or near them as well. In addition to countless delicious, home-cooked meals, she developed natural, easy-to-make recipes for everything from sunscreen to taco seasoning mix, lemon poppy hand scrub to furniture polish. With their simple ingredients, these recipes are allergen friendly and many are gluten-free. With over 130 practical, simple DIY recipes, gorgeous full-color photographs, and Merissas

trademark charm in personal stories and tips, Little House Living is the epitome of heartland warmth and prairie inspiration.

"With her own experiences as guide, [Merissa] Alink demonstrates that some aspects of rural living translate to any situation...Alink brings a bit of [Laura Ingalls] Wilder's life into the present. This title will find a comfortable home in most library collections. Especially warranted where Wendy McClure's *The Wilder Life* has found popularity." (Library Journal)" Author and popular blogger Merissa A. Alink shows us how easy it is...A fabulous array of simple, wholesome and delicious recipes, both savory and sweet, rounds out this heartwarming guide to modern homesteading. Some household tips are timeless indeed." (Bookpage Top Pick)"In our fast-paced lives, Alink's book is a welcome reminder that we don't always have to buy ready-made and over-processed products." (Bust)About the AuthorMerissa A. Alink fully believes in her mission statement of making the most with what you have and commits each day to taking the best possible care of her family. Since 2009, she's been writing her blog, Little House Living, and sharing tips about simple living with from-scratch recipes, make-your-own tutorials, and much more. Merissa loves living a quiet life with her family of four on a little 125-year-old farm that they are renovating in rural South Dakota. Visit her at LittleHouseLiving.com.Excerpt. Reprinted by permission. All rights reserved.baby lotion There's nothing quite like feeling your new baby's soft skin. It makes you a little bit jealous, doesn't it? Unfortunately, once babies and little ones are introduced to the world, their skin can get dry, flaky, and irritated, just like yours. Usually when we notice dry skin, we simply rub a little extra-virgin coconut oil into their skin right away to repair it and get it moisturized quickly. However, if the skin is very dry or there are several patches of dry skin, this lotion is very helpful to have on hand. It's very smooth and ultrahydrating and will heal up your little ones' dry skin in no time. We generally do not add any essential oils to this recipe, since we use it on babies and because I love the pure, natural scent of babies and wouldn't want a lotion to overpower it! Before long that little one is going to smell like dirt, sweat, and maybe even dog drool, so enjoy it while you can! WHAT YOU NEED1/2 cup mango butter1/4 cup coconut oil (extra-virgin if possible)1 tablespoon vitamin E oil1/4 cup avocado oil In a saucepan on medium heat, melt the mango butter and coconut oil together. Pour the mixture into a bowl and add the vitamin E oil and the avocado oil. Beat with an electric hand mixer for a few minutes until smooth and creamy. Place in a jar or container and use when needed. The mixture will harden up slightly as it cools. Money-Saving Tip: Babies don't need the fanciest and best new baby items on the market. Stick with a crib, blankets, clothing, and bottles to fulfill their basic needs. The regular stroller will get them around in the exact same way as a \$500 stroller. And babies go through clothing so fast, if you have too much for them you won't even get to see it all before they move on to the next size!