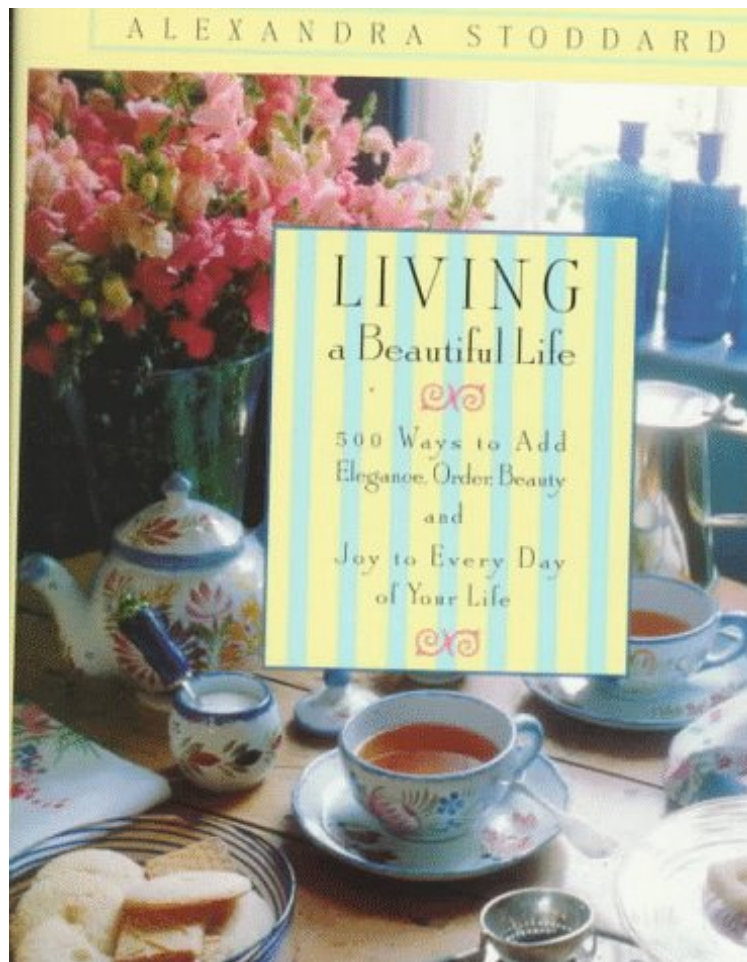


[Get free] Living a Beautiful Life: 500 Ways to Add Elegance, Order, Beauty and Joy to Every Day of Your Life

Living a Beautiful Life: 500 Ways to Add Elegance, Order, Beauty and Joy to Every Day of Your Life

Alexandra Stoddard

DOC | *audiobook | ebooks | Download PDF | ePub



DOWNLOAD



READ ONLINE

#1711745 in Books 1996-08-20 1996-08-20 Original language: English PDF # 1 1.41 x 7.71 x 9.60l, #File Name: 0679456236192 pages | File size: 50.Mb

Alexandra Stoddard : Living a Beautiful Life: 500 Ways to Add Elegance, Order, Beauty and Joy to Every Day of Your Life before purchasing it in order to gauge whether or not it would be worth my time, and all praised Living a Beautiful Life: 500 Ways to Add Elegance, Order, Beauty and Joy to Every Day of Your Life:

3 of 3 people found the following review helpful. A Beautiful Book By Kim Foster This is a book I owned in the past but it got away from me and I wanted another copy. It's really beautifully written and parts of it have stuck with me over the years. It's not exactly a decorating book...more of a how-to for raising your standards around the home. Why do things the ordinary way or the tacky way when you could make just a little effort and be rewarded by beauty and joy? That's the whole idea of this book in a nutshell. 2 of 2 people found the following review helpful. Excellent book

with great insight and creative information! By Tricia H After reading a chapter of this book, I am very pleased I ordered it! It was so informative with such creative information, I had a hard time setting it down to move onto other tasks. This is definitely a book with resourceful and helpful information a great ideas. I plan to save this book for a long time to come, and store as a resource item in my kitchen for helpful ideas and suggestions at a quick glance! This is a great resource book for entertaining or just spicing up one's everyday lifestyle. Alexandra Stoddard is a great author with great information to improve any lifestyle with minimal resources and a lot of creativity!!! 3 of 3 people found the following review helpful. Changed my life By B McCarty I love this book. As a stay at home Mom, it was Exactly what I needed to hear. Made me think about all the mundane little things in life as something to be celebrated and that was really nice. Changed the way I look at life and live it. I love that she includes quotes from others as well. Everything ties in really well :)

Eating. Sleeping. Bathing. Chores. These are the things we do every day, yet few of us stop to consider how we perform the routines that occupy 95 percent of our lives: in chaos or serenity, with irritation or with joy. Here, in one elegant, copious and forever rereadable book, Alexandra Stoddard shows how to live a more beautiful, more ordered life, every single day. Drawing on the wisdom of Emerson, Samuel Johnson, Rilke and many others and warmed by Alexandra Stoddard's personal anecdotes, this book deals with life both philosophically and practically -- from discovering the sources of your well-being to buying the right stationery or sheets; from using solitude to replenish your spirit to using fabrics, ribbon, paper and your own five senses to transform your daily life. Living a Beautiful Life demonstrates how to use the ordinary in extraordinary ways, suggesting hundreds of techniques for turning dull, irritating routines into life-enhancing rituals; hundreds of simple ways to transform your days -- or your bedroom, kitchen, bathroom and desk -- into delights of beauty and efficiency. There's a marvelous trick for locating the perfect psychological spot for your bed, a quick way to use "remembrance of things past" to choose color schemes that suit you, suggestions for how to turn a fifteen-minute lunch break into a restorative experience. And throughout, Alexandra Stoddard shows how taking care of "the little things" can ultimately add up to a change in the big things. Most of all, Living a Beautiful Life reveals how a beautiful life can be achieved; how daily motions become truly satisfying patterns of pleasure; and how these patterns of pleasure can add up to a life lived deeply and well, transforming even the most cluttered and hectic existence.

From Publishers Weekly Interior designer Stoddard (Style for Living, etc.) believes that "only by paying careful attention to the simple details of daily tasks and to our immediate surroundings can we live vitally and beautifully all the days of our lives." Her syrupy, repetitious prescription for gaining control over life and uplifting the ordinary into restorative events is mostly commonsensical: i.e., making morning lists, using perfumed stationery, special china and bedding, finger bowls, massages, fresh produce, good lighting. But some readers will balk at bathing with citrus fruit slices, opening mail with a silver George III meat skewer or making the inside of the refrigerator "a feast for the eye" with flowers, and may be at a loss as to where they can purchase a "Fragrance on the Line" plastic disc of pure extract of perfume for insertion into a telephone mouthpiece. Unimaginative drawings are included. First serial to McCall's; BOMC alternate. Copyright 1986 Reed Business Information, Inc. From Library Journal Stoddard, interior decorator, author, and expert on beauty and design, now has numerous suggestions for making every day a special day. Inspiration for creative and colorful living is not only limited to ideas for the kitchen, bedroom, and bathroom. Each of the six chapters ends with "grace notes" which are yet more ideas to make some of the small things in one's life enjoyable, whether it be letterwriting, weeding a garden, entertaining, or doing something special for a homebound person. As in her other two titles, Style for Living (LJ 7/74) and A Child's Place (LJ 9/15/77), individuality and personality are highly regarded. Recommended for public libraries. Mary Ann Wasick, West Allis P.L., Wis. Copyright 1986 Reed Business Information, Inc. "Alexandra Stoddard takes the dollars and cents out of the concept of luxury and instead dwells on the more personal aspects of graceful living that are far simpler and far more appealing." -- Mark Hampton "Living the beautiful life used to mean having money. Alexandra Stoddard shows us that it's no longer a matter of money -- it's an attitude and a skill, and one that Stoddard teaches us in her book." -- marsha Mason "Wonderful tips on how to make daily life more romantic and sensuous ... Alexandra Stoddard will change your lifestyle."